

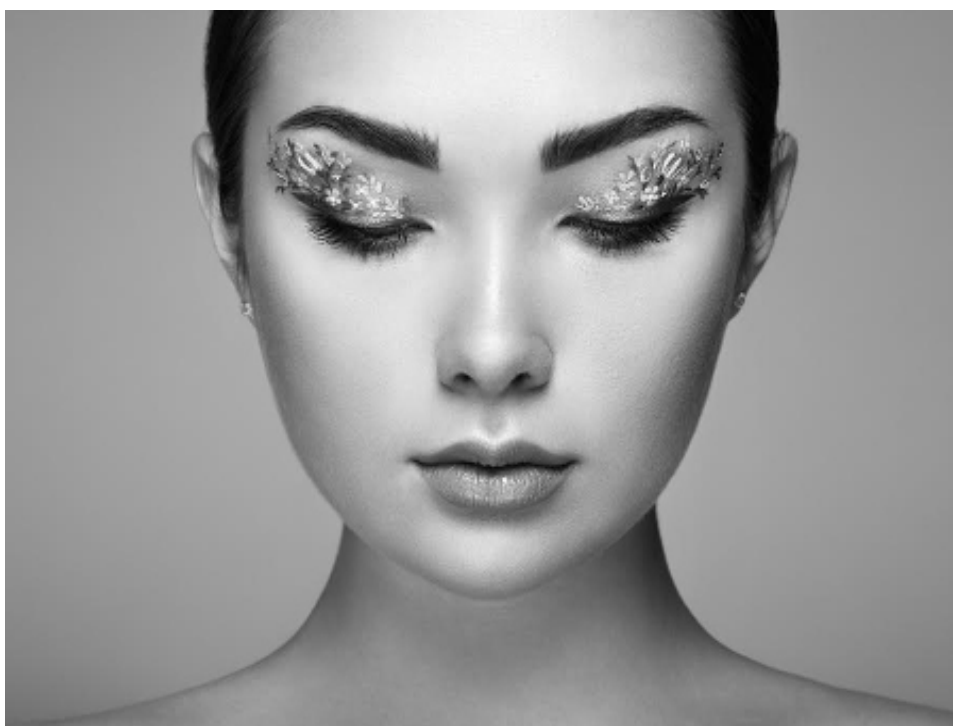
Such is the reputation of the award-winning S-Thetics Clinic and its medical director Miss Sherina Balaratnam for non-surgical treatments for the face and body that, by rights, the entrance to the practice in Beaconsfield's beautiful Old Town should have a town crier permanently stationed outside proclaiming its success. In fact, the black door off a covered side passage is discretion itself.

This state-of-the-art medical aesthetic practice was founded by surgeon and cosmetic doctor Miss Balaratnam, who lent the 'S' of her first name to her clinic. S-Thetics has a key focus on skin health, with treatments ranging from medical-grade facials through to acne and scarring management using topical cosmeceuticals, microneedling and laser skin resurfacing.

A former NHS surgeon with six years' experience in reconstructive burn surgery and skin cancer reconstruction, Miss Balaratnam has spent the last nine years of her medical career specialising in skin health and the latest non-invasive medical aesthetics procedures.

At S-Thetics, treatments and technology are continually evolving to provide ever more subtle and effective results, with minimal downtime. To optimise outcomes, only treatments and technologies of the highest clinical standards are used. Treatment blending is a speciality. Using advanced dermal filler techniques blended with industry-leading lasers and topical skincare, 'surgical-like' results can be achieved.

'My lines are significantly reduced, my sun damage and age spots are also much improved, and my face is fuller with better texture,' reports one patient who recently had a blended treatment regime of cosmeceutical skincare, laser treatments



s is for sensational

With her subtle and highly personalised approach, S-Thetics founder Miss Sherina Balaratnam will banish wrinkles and firm up bodies

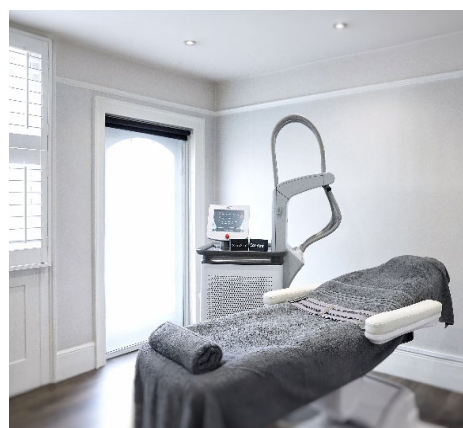
and dermal fillers. 'And I still look like me!'

Facial fillers are perhaps the treatment for which Miss Balaratnam is best known. A non-permanent cosmetic injectable procedure, fillers treat the deeper underlying signs of ageing such as loss of facial volume, lines and wrinkles, jawline sagging and loss of lip definition and volume.

EMSCULPT is a non-invasive, clinically proven procedure to build and tone muscle while burning stubborn fat, for more toned abdominals and lifted, firmer buttocks. The Collagen Wave Fire & Ice Facial combines EndyMed Radiofrequency for skin tightening with iS Clinical's potent botanical masks – think sugar cane and cinnamon, cool blue aloe and green tea. The glycolic acid and retinol peel resurfaces and tightens skin, reducing fine lines and encouraging cellular renewal – all without any downtime.

Miss Balaratnam is one of only nine UK surgeons selected as a local country ambassador for Allergan, manufacturers of Botox and Juvederm Ultra fillers. She trains and mentors other professionals in non-surgical cosmetic

rejuvenation treatments and techniques. Her highly personalised approach to facial rejuvenation has earned Miss Balaratnam a place as one of the UK's leading non-surgical cosmetic specialists.



'My face is fuller, with better texture, and I still look like me'



Sherina Balaratnam

S-Thetics is a multi-award-winning clinic in Beaconsfield, Buckinghamshire. It is led by surgeon Miss Sherina Balaratnam, MBBS, MRCS, MSc (UCL), who has spent the past nine years of her medical career specialising in the latest non-surgical innovations in cosmetic treatment.

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